



Our Lady of Perpetual Help

St Mary's Parish - Maungaturoto - Mangawhai - Wellsford

Saturday Vigil MAUNGATUROTO – Mass 4.00pm (1st & 3rd Saturdays)
2nd & 4th Saturdays – Liturgy of Word & Holy Communion: 4.00pm.

Sunday - MANGAWHAI: Mass 8.30am (2nd & 4th Sundays).
1st & 3rd Sundays Liturgy of Word Holy Communion: 8.30am.

WELLSFORD: Mass 10.30am every Sunday
Tues 9.00am & Fri 11.30am Eucharistic Adoration Fri 10.45-11.20am

18th Sunday Ordinary Time (b) – 4th August 2024

Exodus 16:2-4,12-15 Psalm 78:3-4,23-25,54-55 Ephesians 4:17,20-24 John 6:24-35

the Bread of Life

John's sixth chapter begins with the account of the multiplication of the loaves. The gospel probes the depth of the meaning of this gesture of Jesus, as a sign which points to more universal realities. Jesus' action expresses the gratuitous and life-giving love of God.

The bread that cannot last is bread we seek selfishly. The bread that gives life is the bread we seek unselfishly; that is, as a community. That bread produces lasting life because it produces the reigning of God. The true food Jesus was bringing was union among people in the actions of sharing. It wasn't the business of multiplying loaves and fish. The people hadn't understood the actions of sharing the food that they had.

The true meaning of the feeding of the crowd is about transforming the world. It is about replacing the system of injustice with a system of giving. That's the bread he has brought – his Word. Its because Jesus is the message of love that God has sent us.

The scriptures say, as the people have quoted to Jesus, that the manna was, '*a loaf from heaven*'. Jesus says that there isn't any bread like that come down from heaven. The only bread that comes from heaven is the word of love, which he is transmitting by his actions. That bread will give people new life.

The greatest hunger and thirst of people is the hunger and thirst for love. That is the thirst that Jesus says he has come to quench. Jesus provides true food from heaven – he is God's Word. He comes to give love to those who believe in him. Believing him means giving up self-interest. It means seeking communion by matching our practice with his. Jesus chose common meals to represent the union of people that nourish our human hunger and thirst for love. Believing and consuming his food and drink is about replacing the system of injustice with a system of love.

- BF

“Those who receive the Body and Blood of Christ with faith not only eat, but are satisfied. To eat and to be satisfied: These are two basic necessities that are satisfied in the Eucharist”.

- Pope Francis

Eucharistic Congress 2024 YouTube

The powerful talks given at the recent Eucharistic Congress are available on Youtube and are well worth watching as a family, or listen on a long drive to work. Make no mistake these talks will change you!

Google **Eucharistic Congress 2024 YouTube** and look out for the talks by Fr Mike Schmitz, Bishop Robert Barron, Mother Olga, Chris Stephanik amongst others.

NZ CATHOLIC

Could all subscribers to NZ Catholic who have set up automatic payments please contact their banks to stop these immediately.

Men's Events

"AS IRON SHARPENS IRON..." Proverbs 27:17

There are some AWESOME Men's events ahead, where you can join other men to be encouraged and inspired in your journey with Christ....

1. Promisekeepers Men's Conference "Men Coming Together": Saturday 10 August(9am to 9pm) at Church Unlimited in Glendene, Auckland. There is a line-up of great speakers so prepare to be challenged, encouraged and inspired. Promisekeepers NZ have been going for 30 years in NZ and you can be sure it is something quite special to be united under the same roof with 2000+ other Christian men, praising God. Look at www.promisekeepers.nz if you want to look further. Joshua Men's Catholic Fellowship will have a barbeque going for lunch and you are welcome to join (text Jerome on 027 2334380 if you want to attend as part of the group).

2. Joshua North Shore Catholic Men's Fellowship: This great group of guys meets monthly (last Saturday of the month) for fellowship, to read the Word of God, pray and worship together. The next meeting will be on Wednesday 18 August starting 7.15pm at St Thomas More , 336 Wairau Rd. Guest Speaker Jim Gribble will be speaking on "Chaplaincy:- a Vital Ministry" Contact Russell (022) 0345678 for more information.

3. A Men's Breakfast: will be held on Saturday 24 August starting 7.30am at Holy Name Church, Warkworth. All men are welcome for a hearty breakfast, great fellowship and an inspiring talk. We are very excited to have Simon O'Connor from Family First as our guest speaker so save the date! Please RSVP to Jerome (027) 2334380. Koha on the day, with any profit to the Holy Name Church Youth Group. We finish in time for Mass which follows at 9am for those who wish.

4. Is the Lord challenging you to draw closer to Him? If the answer is YES! then we have an amazing opportunity for you....A One-day Men's Retreat with our **Bishop Steve Lowe**, titled "**He Emptied Himself**" (Philippians 2:7), will be held on Saturday 19 October (8am-4pm) at St Thomas More Church, 336 Wairau Rd, Glenfield.

This day will be a special time of formation, prayer, worship, fellowship and will end with Mass celebrated by Bishop Steve. Bring a packed lunch or buy from the local shops. Suggested Koha of \$20 to cover costs. All men are welcome. Contact Greg Sullivan (021) 437747 or Russell Sobotker (022) 0345678 to register.

World Youth Day Auckland | Saturday 17th August 10am – 8:30pm at Victory Convention Centre 98 Beaumont St Freemans Bay

Save the date for this incredible experience! Young people aged 13-30yrs old (and their youth leaders!) are invited to join us for an unforgettable celebration of our Catholic faith.

Get ready for praise & worship, a special guest speaker, Mass with Bishop Steve Lowe, free kai, time to connect with other young Catholics, and so much more!

Registrations opening soon! Go to facebook.com/AKCYM for updates or email felicitym@cda.org.nz for more info.

ALONE AGAIN? A weekend away to help those suffering the heartache of separation, divorce, or widowhood on **6-8 September** at the Friary. The Beginning Experience is a non-profit organization that provides support for the grieving single again, and offers an opportunity to turn the pain of loss into an experience of positive growth. The cost for 2 nights' accommodation, meals, and materials and follow up event is \$350 with EARLY BIRD cost \$325 if paid by 31 JULY. For further information please phone Lynda 0274898003 or Kelly evenings 0276864416 www.beginningexperience.org.nz

Want to learn what is **Ecumenism or Inter-religious togetherness**? Especially what is the Catholic Church teaching on the ways and means to which we can respond to Christ's calling towards Christian unity? Or what is the life of grace, faith, hope and charity outside the visible boundaries of the Church? We are looking for volunteers to join us who have the desire to do the work of the Auckland Diocese Commission for Ecumenism and Inter-faith. Email us at pastoraloffice@cda.org.nz.

Wellsford Roster			
	Sunday 4 August	Sunday 11 August	Sunday 18 August
<i>Min/s of Word</i>	Bob Schimanski, Sam Connery	Lagi Sands, Ken Hancock	Marie Rambaud, Colleen
<i>Intercessions</i>	Sam	Ken	Marie
<i>Minister of Eucharist</i>	Marie Rambaud	Angelina Nmootu	Eranga
<i>Morning Tea</i>	Liz Emmerson	Monica Pride	Gay Pride
<i>Church Cleaning</i>		Francis & Teneaki	
<i>Lay Leader</i>	Gay Pride	Monica	Maureen

Prayer intentions for the week

For political leaders

We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.

Prayers for our Sick:

Petronella ter Veer, Matteo Gray, Pamela Downes, Petronella Brom, Lorna Bocoock, Geraldine Choromanski, Judy Perry, Veronica Grigg, Maureen Rissman, Roselle & Owen McGrane, Richard Henry, Bob Walters, Teresa McCarthy, Tom Ryan, Emelia Brockliss (Mexico), Kathy Brockliss (Hokianga),

Trevor Brljevich, Tony Ruiterman, Bill Lewis, Beverly Simons, Adolph Layec, . . .

Dallas Colville, Alec Colville, Lucille Jenneker, Wilma Jansen, Gerard McCurran, Iris Barrow, Lagi Sands, Tim Emberson, Caroline Milner, Theresa Graham, Anne Nightingale

Prayers for the Dead:

For our beloved dead whose anniversaries occur around this time including: **Father David Whelan (3rd), Alma Curtain (5th), Gerard Korewha (6th), Evaline Walker (7th), Linda Littin (7th), Len Jackson (7th), Mick Tomas (8th), Betty Farr (8th), Joyce Blundell (10th).**

Readings: 18th Week Ordinary Time

Monday 5 August

Jeremiah 28:1-17 Ps.119H
Matthew 14:23-21

Tuesday 6 August The Transfiguration of the Lord

1. Daniel 7:9-10,13-14 Ps.97
2. 2Peter 1:16-19

Gospel: Luke 9:28-36

Wednesday 7 August

Jeremiah 31:1-7 Cant. Jeremiah p.171
Matthew 15:21-28

Thursday 8 August St Mary of the Cross (MacKillop)

Judith 8:11-17,28-31 Ps.32
Matthew 6:25-34

Friday 9 August

Nahum 2:1,3:1-3,6-7 Cant. Deuteronomy p.165
Matthew 16:24-28

Saturday 10 August St Lawrence D.M.

2Corinthians 9:6-10 Ps.111
John 12:24-26

Sunday 11 August 19th Week Ordinary Time

1. 1Kings 19:4-8 Ps.34
2. Ephesians 4:30-5:2

Gospel: John 6:41-51

St Mary's Parish

Mangawhai - Maungaturoto – Wellsford

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BNZ account 02-0108-0707411-00

Reconciliations:

Wellsford: Sat. 8.30 – 8.55am Maungaturoto: Sat. 3.30 – 3.55pm.

Mangawhai: Sun: 8.00 – 8.25am